

	<b>WACCAMAW REGIONAL TENNIS CENTER AT STABLES PARK</b>	<b>ADULT PROGRAMS</b>	<b>SUMMER 2023</b>	<b>843-545-3450</b>
<b><u>PROGRAMS</u></b>	<b><u>DESCRIPTION</u></b>	<b><u>DAYS/LEVELS</u></b>	<b><u>TIME</u></b>	<b><u>COST</u></b>
<b>DYNAMIC DOUBLES DRILLS (DDD)</b>	A great clinic focusing on different doubles strategies, strokes and tactics. Men and Women welcome!!	MONDAYS / 2.5-3.0 TUESDAYS / 3.5-4.0	10 - 11AM	\$15
<b>STROKE OF THE WEEK (SOTW)</b>	A fun clinic designed to fine tune one stroke every week. Half the class is structured towards technique, the other half we try to implement that stroke into fun drills and games.	WEDNESDAYS / 2.5-3.0 THURSDAYS / 3.5-4.0	10 - 11AM	\$15
<b>4.0 FRIDAYS</b>	An exciting clinic for 4.0 players and up. Lots of fun drills with strategy and shot instruction	FRIDAYS / 4.0 AND UP	9:30-11AM	\$20
<b>TENNIS 101-201</b>	Beginner clinics that are offered a few times per year. Designed to get new players into the game!!	<b>MONDAY, JUNE 12TH</b>	6-7PM	\$90 for 6/8 classes
<b>SATURDAY SKILLS AND DRILLS</b>	A fun clinic for 2.5-4.0 players and up. Get your workout with fun drills and fast paced games	SATURDAY / 2.5-3.0 SATURDAY / 3.5-4.0	8:30-9:45AM 9:45-11AM	\$20
<b>WEEK NIGHT "HIT AND RUN"</b>	Three clinics. One for 2.5-3.0 players. Two for 4.0+ players and up (Approval from Coach Joanne required). Get your workout with fun drills and fast paced games	TUESDAY / 2.5-3.0 MONDAY & THURSDAY / 4.0+ INVITE ONLY	6-7:15PM	\$20
<b>CARDIO 360</b>	Fast paced drills and games to get your heart pumping! Fun!!	<b>WEDNESDAYS</b>	9:15-10:30AM	\$20
	Waccamaw Regional Tennis Center at Stables Park	<b><u>To sign up, please call the tennis center. If you need to cancel, please do 24 hrs in advance. Thanks!!</u></b>		
	stables_tennis_center			